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The Reason for Learning A Musical Instrument

Learning to play a musical instrument it can have a lot of benefits for growing kids. It’s building a confidence, boosting a memory or developing a ability, etc. Here are the reasons why you should consider taking up a musical instrument for your kids.

The benefits for learning and playing

1. Makes your child smarter

Learning a musical instrument, the part of your brain responsible for linguistic and mathematical processing connects with the creative and emotional side that the right side of the brain controls. This results in better creation, storage, and retrieval of memories, which benefits children academically and well into adulthood.

An instrument gives your child an advantage in the development of their intellectual, perceptual, and cognitive skills. Learning to play an instrument stimulates the brain, improving functions like memory and abstract reasoning skills, which are essential for math and science.

2. It will help improve memory Learning to play any musical instrument can enhance verbal memory, spatial reasoning and literacy skills. Learning a musical instrument store and retrieve memories more efficiently. It makes use both parts of your brain, which increase strengthens memory power.



3. Playing musical instrument makes more creative Practicing and perfecting a piece of music does wonders for the creative side of brain. The longer You played an instrument, the better the children get their creative growing.

4. It's builds your confidence and improve your mental performance Playing an musical instrument helps them get comfortable with self-expression. As children begin to master their instrument, they will probably end up playing to a few audiences, starting with their music teacher or parents, and branching out to groups of other pupils and concert audiences. Playing in public can help children feel more confident.

5. Music Stimulates Emotional Intelligence One of the biggest benefits of learning a musical instrument is that it stimulates Emotional Intelligence. According to Daniel Goleman, (Specialism in psychology and brain sciences). Music presents an emotional encounter through the medium of sound.

Music evokes emotion and emotion affects physiological change. The core of individuality is based on one’s unique set of emotions. This is why the world’s most popular leisure activity is listening to music, for, in a powerful way music reveals to us our inner self.

6. Improves patience and ability Neuroscience Nina Kraus of Northwestern University in Chicago found still more positive effects on older adults of early musical training—this time, in the realm of hearing and communication. It’s an important lesson to learn that the more effort you put into something, the better the result will be.

For The reason, She's says may be that musical training focuses on a very precise connection between sound and meaning. Students focus on the note on a page and the sound that it represents, on the ways sounds do (and don't) go together, on passages that are to be played with a specific emotion.

7. Develops discipline and time management skills For kids, learning and playing musical instrument takes time and effort. The results of good quality practice far outweighs that a lot of quantities of practice,

they’ll need to put in the hours and organised their time effectively.

8. It's relieves stress and Fun Most children enjoy the time they spend learning a musical instrument. “Listening and learning to music can have a tremendously relaxing effect on our minds and bodies, playing a musical instrument on a regular basis can be correlated to lower levels of stress". According to an article by Live Science**,** making music “enhances the immunological response, which enables us to fight viruses.”

9. Exposes New Cultures Music is a reflection of history. Rock, Ballads, jazz, blues, and even ethnics musics cultures. Through these cultures, your children can develop a greater appreciation for their instruments.